

**SENIOR NUTRITION ADVISORY COUNCIL
MINUTES
April 8, 2019**

COMMITTEE MEMBERS PRESENT: Dick DeHart, Dolly Meeuwsen, Steven Schreier, Janelle Schroeder, Barb Young

COMMITTEE MEMBERS ABSENT: None

STAFF PRESENT: Dianne Jacobson, Joel Gottsacker, Herbert Hackworthy

Call to order: Steven Schreier called the meeting to order at 10:02 AM.

Approval of agenda: Motion by Meeuwsen/Schroeder to approve the agenda. All ayes, motion carried.

Approval of Minutes: Motion by Schroeder/Young to approve minutes of November 5, 2018. All ayes, motion carried.

Introductions: Committee members and staff introduced themselves. Information only.

2018 Dining Site report and comparisons to previous years: Jacobson reviewed 2017/2018 nutrition comparison by nutrition site. Jacobson noted that congregate nutrition participation has been declining over the years and is a national trend. In the past year, home delivered meals have also seen a general decline, but a minor one. In total, 5,250 fewer meals were served across both programs. Jacobson noted that a loss of a couple of regular diners can add up to a significant percentage of meals not served. Discussion only.

Current Menu Issues:

- a. **Milk options:** Jacobson informed the committee that the Rhinelander site does not offer a choice of milk like the other sites where chocolate, skim, 1% and 2% are offered for both congregate and home delivered meal participants. There have been no complaints, however, Jacobson wanted to solicit input on the policy at the Rhinelander site as well as if other sites should be allowed to continue with three options (which can become cumbersome for ordering each day in addition to other choices like frozen meals and salads). The reason for the policy is largely related to logistics of ensuring the proper milk choice is delivered to the participant. Committee members recommended possibly allowing a choice as long as the participant had to commit to one option and not change continually. Hackworthy shared his observation that his site has experienced milk having to be thrown out due to expiration dates. Discussion followed on expiration dates and informing the caterer in an effort to reduce

losses (expense). Jacobson will speak to the caterer to try and reduce the causes of milk loss.

- b. **Chef Salads and other meal alternative options:** Hackworthy suggested that the chef salad had lived its useful life and another alternative like a Caesar salad, vegetable salad, or a wrap sandwich could be offered on a rotating, quarterly basis. Committee members agreed that this would be a good idea. Jacobson will speak to the caterer.
- c. **Bread:** Some participants complained at lack of bread on the menu for some (3-4) meals in March where a different starch was offered. There also seem to be odd bread choices with certain meals, like rye bread offered with chili. Jacobson will work with the caterer to modify the menu appropriately (like offer cornbread on a day with chili).
- d. **Other:** There was discussion on the types of vegetables offered with certain entrees. It appears to some diners that the same combination of entrée and vegetable is offered and becomes somewhat unappetizing. Jacobson will work with the caterer on this issue as well.

Discussion only.

Take-out meal clarification: It is the policy of the nutrition program that a congregate diner cannot order a “take-out” meal. The only exceptions are when a caregiver requests a meal to take home to a care recipient. In that case, the meals are considered a home delivered meal. The other exception is when there are excess meals available due to cancellations or too much food delivered by the caterer. In that instance, the diner may request a meal to take home. In all examples it is still imperative that the Site Manager always record the meal to a specific participant when a complete meal is served. Discussion only.

Sustainable Kitchens contract: Jacobson reported that the Sustainable Kitchens contract is still not in place. The company has not made changes nor submitted changes for review. Discussion only.

Prior Year Program Income change in policy for 2019: Jacobson reviewed the change in policy for spending program income. The change in policy requires that program income is spent first, before grant income is spent. In prior years, program income could be “carried-over” into the next year. Information only.

2019 Satisfaction Survey: Jacobson distributed the 2019 survey provided by the state. The questions on the survey must be used as is, but additional questions can be added. It was suggested that possibly the milk option question could be added for Rhinelander. Discussion only.

Ideas for increased participation: Jacobson solicited ideas for increasing participation at the sites. It was suggested to place ads in church bulletins and to consider purchasing a display advertisement in the restaurant section of newspapers.

Public Comments: None

Next Meeting day, time, location: Next meeting to be held on July 8, 2109 at the Three Lakes site at 10:00 a.m. with lunch to follow.

Items for next agenda: None offered.

Meeting was adjourned at 11:35 AM.

Joel Gottsacker

Committee Chairman

Committee Secretary